Ms. Buresch		CORIC	
SMARTER	MUSIC	UUAL	

Name: _	
Date: _	Class:

Create a personal goal for yourself for the 1st 5-Weeks of the 2nd Semester Grading Period.

	Mnemonic	<b>Description</b>	Plan
S	Specific	What do I need/want to improve on?	
M	Measurable	How much? How often? How many?	
A	Actions	What will I do to reach my goal?	
R	Realistic	Is it attainable? Realistically, can I do this?	
T	Time Frame	How long will it take me?	
E	Enjoyable	How can I make it enjoyable so I don't quit? How will I celebrate when I meet my goal?	
R	Resources	Who or what will help me be successful?	